



KENNETH M. ADAMS
AND ASSOCIATES. P.C.



ANNOUNCING...Michigan's First Comprehensive Treatment Program for Spouses and Partners of Sex Addicts (SPSA)

Kenneth M. Adams and Associates proudly introduces a new program exclusively for Spouses and Partners of Sex Addicts (SPSA) to help them to overcome the trauma and betrayal of a loved one's sex addiction. While some treatment models may encourage a partner's participation in a sex addict's behaviors (e.g., going along with porn use), our focus validates the partner's Sex Addiction Induced Trauma (SAIT), helps them heal, and encourages healthy decisions for their own lives and relationships. Our therapists are Certified Sexual Addiction Therapists (CSATs) and Certified Clinical Partner Specialists (CCPSs).

HEALING TRACK FOR PARTNERS

PHASE I

Beginnings Care Program

Twelve-week program of education & support to move forward from betrayal and trauma. Participation is also open to sex addicts so they can understand the impact of their actions and how to resolve conflicts.

PHASE II

Impact Zone Group

Ten-week therapeutic group designed to help SPSAs delve more deeply into the impact of sexual betrayal.

PHASE III

Healing Zone Group

Open-ended SPSA group focusing on longer-term consequences related to SAIT. Integrates healing strategies to gain a better understanding of thoughts, emotions and behaviors.

PARTNER SPECIFIC WORKSHOPS

An innovative, four-day **New Beginnings Intensive Workshop (NBIW)** for SPSAs which focuses on the traumatic betrayal caused by the discovery or disclosure of a sex addiction. Participants will learn how to grieve losses, establish boundaries, and develop a plan for self-care. Scheduled throughout the year and held at the Colombiere Retreat Center in Clarkston, Michigan.

GENERAL PARTNER SERVICES

SPSA Support Group

A non-therapy, drop-in support group for SPSAs will be held Monday mornings from 11:00 a.m. to noon. Five dollar donation per session suggested. Led by a therapist.

Specialized Individual Treatment

We have therapists specially trained to offer individual treatment of SAIT. We are also trained in Eye Movement Desensitization & Reprocessing (EMDR), a technique to assist in healing trauma.

Contact us with questions

Call 248-398-0740 (Ext.1 or6)

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